

Dear Patient,

Your pharmacy has asked me to renew your salbutamol (blue inhaler).

OR

I am writing about the inhaler that I have prescribed for you in the past.

I wonder if you would you be open to trying a different type of inhaler that delivers the medication better. You've been using the "aerosol" inhaler. We are moving away from these because the aerosol that pushes the puff out of the container is a strong greenhouse gas. These kinds of inhalers are worsening the climate change problem.

A greener alternative to your aerosol puffer would be "Bricanyl Turbuhaler", which produces 10 times less greenhouse gases. It contains the medication called terbutaline, which works the same as salbutamol. It looks like a small cylinder, and is called a "turbuhaler". There is no aerosol, so it looks, sounds and feels different. Here is a link to a video that shows you how to use it: <https://www.youtube.com/watch?v=02OPJUIsuhQ>

Please let me know if you are OK to try the Bricanyl. If you want to talk more about this, please contact the office to set an appointment with me.

Sincerely,

Your Health Care Provider