





# MEDICATION OPTIMIZATION FOR SUSTAINABILITY IN INPATIENT CARE



## Patient Handouts to Support Deprescribing

This table provides links to patient handouts, with the number of pages listed, that can be accessed to support deprescribing of specific medications.

	<a href="#">CADeN</a>	<a href="#">deprescribing.org</a>	<a href="#">RxFiles</a>
Antiglycemics	✓  11	✓  2	
Anti-inflammatories	✓  12		✓ <a href="#">Medication overuse headaches</a>  7
Antihistamines	✓  10		
Antipsychotics	✓  16	✓  2	
Benzodiazepines and Z-drugs	✓  12	✓  2	✓ <a href="#">Anxiety</a>  7 ✓ <a href="#">Sleep</a>
Gabapentinoids	✓  10		
Proton Pump Inhibitors	✓  12	✓  2	
Opioids	✓  20		✓  7

For more resources, view the Medication Optimization for Sustainability in Inpatient Care playbook:

[cascadescanada.ca/resources/medication-optimization-playbook](https://cascadescanada.ca/resources/medication-optimization-playbook)



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