

MEDICATION OPTIMIZATION FOR SUSTAINABILITY IN INPATIENT CARE



Action Items for DUE Individuals or Teams

This checklist provides actions that drug use evaluation (DUE) individuals or teams can take to optimize the medication prescribed to patients to reduce the environmental, patient and institutional consequences of polypharmacy.

- Evaluate medication effectiveness
- Create criteria for medication use
- Implement mandatory medication stop or review dates for target medications
- Provide education on deprescribing tools and non-pharmacological sleep solutions
- Perform cost-impact analyses
- Monitor medication use trends, cost, and wastage
- Benchmark medication use against internal and external comparators
- Perform quality improvement (QI) studies
- Review frequency of prescribing
- Formulary Management:
 - Remove medications from formulary
 - Replace medications on formulary
 - Add medications to formulary
 - Review extent of off label medication use
 - Review non formulary drugs
 - Review drugs with potential for error
 - Review drugs with potential for harm

For more resources, view the Medication Optimization for Sustainability in Inpatient Care playbook:

cascadescanada.ca/resources/medication-optimization-playbook



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